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## Abstract of Thesis

My thesis is a small book with three chapters. Above all, there is a preface telling the motivation and short description of my food project. The first chapter is a brief introduction of food culture in China. I'm trying to visualize as much information as possible, so there will be a festival food calendar, a food map and Yin-Yang food list. They allow readers having a general idea through time, space and philosophy of food, so that they can understand the root of my project. The second chapter is about the video series and installation, starting with the concept explanation. And then, for each video there are the background story, video description and a recipe of this certain ingredient. The third part is Taste of Memories, a museum night project, as the side program of my food project. In the end, the book finished with bibliography and personal reflection.

## Scheme

	Week 1	Week 2	Week 3	Week 4
March			Make film	Make film
April	Make film	Make film	Make film	Make film, Write thesis
May	Make film	Make film	Make film	Write thesis
June	Finish thesis, Adjust a bit	Graphic design for the book	Printing and book making	Exhibition setting up

SO STRESSFUL!!!