## Repetition

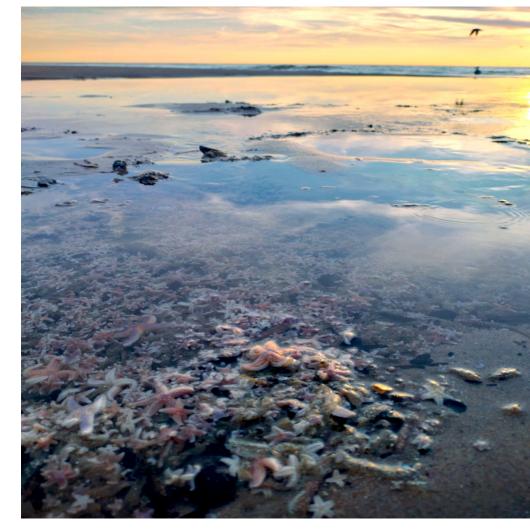
## Locked in a series of movements



#### in a frame made of gestures



## circling words



# and behavioral loops



#### routines that I had to repeat

(until I broke through)



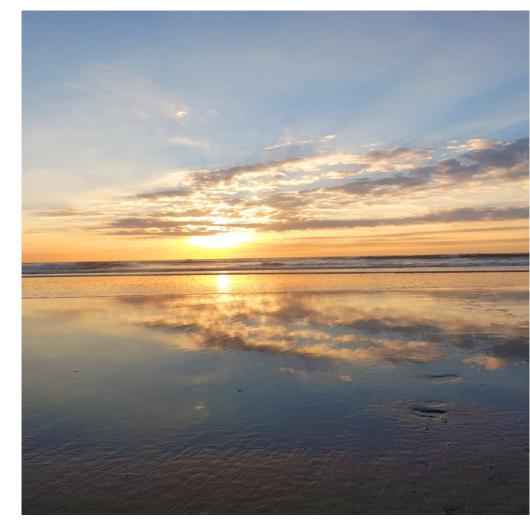
## I learned that progress is a spiral



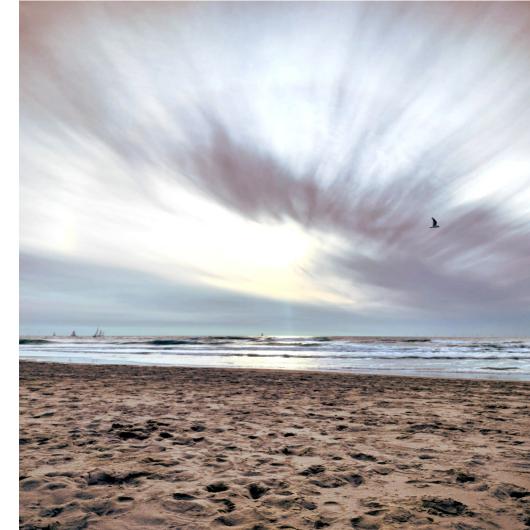
# and that there is no such thing



## as repetition.



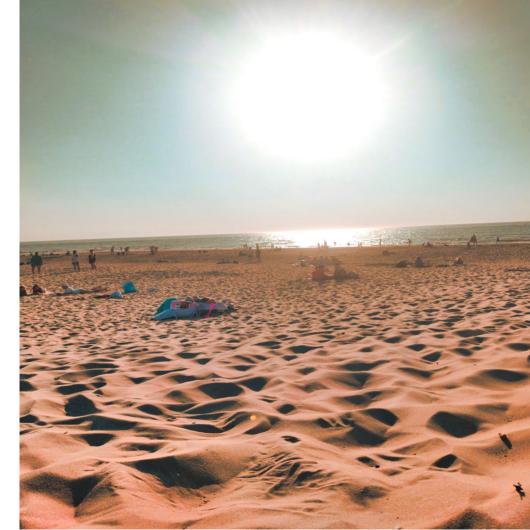
## Although I memorize the steps



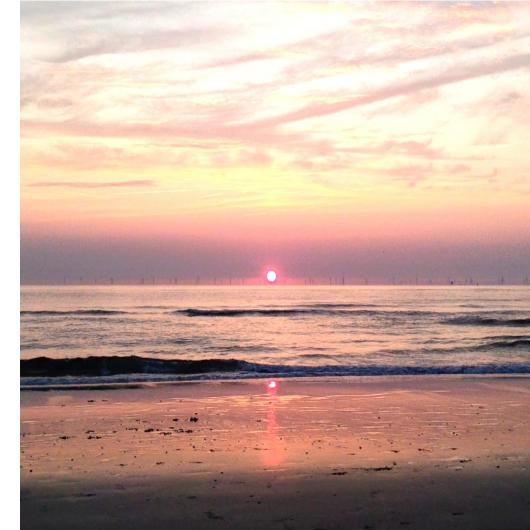
## I follow the sequence



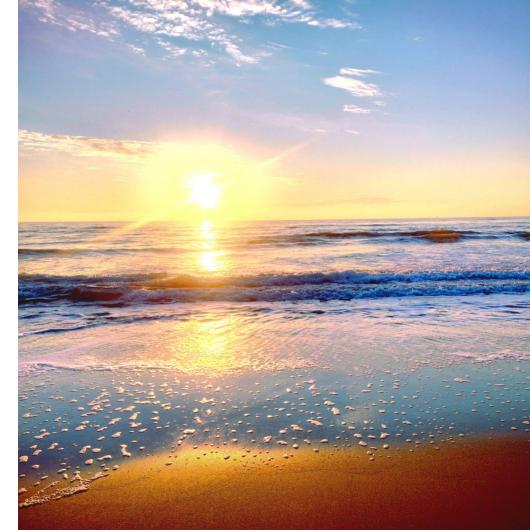
## I copy and paste



# the half-empty days



#### and their dummies for reference:



#### A sunset, a beach, a building.



### The pattern is similar but



## there is no identical point in time



### and each repetition brings me closer



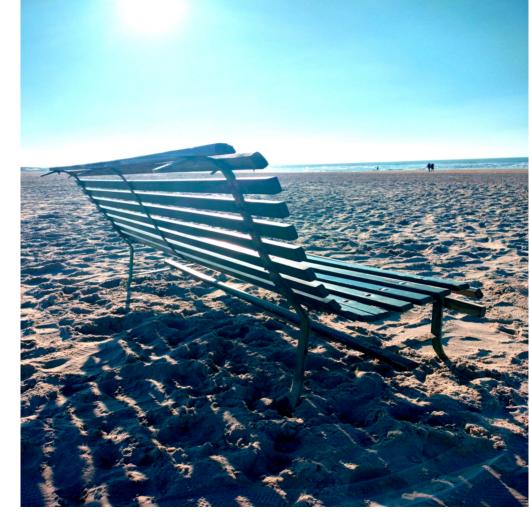
### to a still escaping answer.



### But even after I quench my question



# I keep going back



### to the comfort of the familiar



## because after all



## I am just a creature of habit.



#### Colofon

#### Repetition

Maria Exarchou Sans Système Pub. www.sans-systeme.com 1st ed: August 2024

The Hague